

# The Christian Arsenal

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## THOUGHTS ON THE LORD'S SUPPER

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### THE MEANING OF THE LORD'S SUPPER

Jesus never asked His disciples to remember His birth, but He did instruct them to remember His death and resurrection.

The Lord's Supper is an object lesson that represents a great spiritual truth.

### OTHER NAMES USED TO DESCRIBE THE LORD'S SUPPER

- Communion
- Eucharist
- Sacraments

### DIFFERENT THEOLOGICAL ISSUES ABOUT THE LORD'S SUPPER

- Transubstantiation
- Consubstantiation
- Symbol

### WHAT IS THE LORD'S SUPPER

I Cor. 11:23-26

1. IT IS A SIMPLE ACT NOT AN ELABORATE CEREMONY.

*"The Lord Jesus, on the night He was betrayed, took bread..." (v. 23)*

2. IT IS A REMINDER.

*"... and when He had given thanks, He broke it and said, This is my body, which is for you; eat it in remembrance of me." (v. 20)*

3. IT IS A SYMBOL

*"In the same way, He took the cup saying This cup is the new covenant in my blood; drink it to remember me." (v. 25)*

4. IT IS A STATEMENT OF FAITH

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*“For whenever you eat the bread and drink the cup, you proclaim the Lord’s death until He comes back.” (v. 26)*

## WHO SHOULD TAKE THE LORD’S SUPPER?

Only those who are believers.

*“For anyone who eats and drinks without recognizing the body of the Lord eats and drinks judgment upon himself.” 2 Cor. 11:29*

## HOW DO I PREPARE MYSELF FOR THE LORD’S SUPPER?

*“Therefore whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. A person ought to examine himself before he eats of the bread and drinks of the cup.” 1 Cor. 11:27-28*

- **SELF-EXAMINATION**

1 Cor. 11:28 – *“But let a man examine himself ...”*

- **CONFESSING MY SIN**

1 John 1:9 – *“If we confess our sins He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”*

- **RECOMMITMENT**

Romans 12:1 – *“I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.”*

- **RESTORATION OF RELATIONSHIPS**

Matt. 5:23-24 – *“Therefore if you bring your gift to the altar, and there remember that your brother has something against you, leave your gift there before the altar and go your way. First be reconciled to your brother, and then come and offer your gift.”*

## WHEN AND HOW OFTEN SHOULD WE OBSERVE THE LORD’S SUPPER?

Jesus never said when or how often believers should observe the Lord’s Supper.

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I Cor. 11:26 – “For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.”

He instituted it on a Thursday night.