

The Christian Arsenal

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HEALING GRACE Good News About Grace

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Part 3 of 9
Psalm 147: 3

Everyone has hurts, emotional scars or hidden wounds which have usually been caused by rejection.

"God heals the broken hearted and binds up their wounds." Psalm 147:3 (NIV)

HOW DOES GOD HEAL A BROKEN HEART?

BY CHANGING THE WAY WE THINK

- About God
- About pain
- About ourselves

"Let God transform you into a new person by changing the way you think."
Romans 12:2 (NLT)

"As a man thinks in his heart, so is he." Proverbs 23:7

HOW GOD SEES ME BECAUSE OF HIS GRACE

1. I AM ACCEPTABLE

"...Christ has accepted you." Romans 15:7 (NIV)

"You have been chosen by God Himself." I Peter 2:9 (LB)

"Even if my mother and father forsake me, the Lord will receive me." Psalm 27:10 (NIV)

If God accepts me, and you don't, that's your problem.

2. I AM VALUABLE.

I am valuable because of His grace.

Your value has no relationship to your valuables.

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THERE ARE TWO THINGS THAT DETERMINE VALUE IN LIFE

- Who owns it.

“You belong to God...” I John 4:4

Everyone is created by God, but everyone does not belong to God.

- What someone is willing to pay for it.

How much was paid for you?

“You have been bought and paid for by Christ, so you belong to Him.” I Cor. 7:23 (LB)

God says: You are valuable enough that I will give my own Son to die for you.

“God says, ‘You are precious to me.’” Isaiah 43:4 (GN)

3. I AM LOVABLE.

“The mountains and hills may crumble, but my love for you will never end, so says the Lord who loves you.” Is. 54:10 (GN)

Two characteristics that make God’s love different from human love:

1. God’s love is consistent.
2. God’s love is unconditional.

4. I AM FORGIVABLE.

“I am the God who forgives your sins and I do this because of who I am. I will not hold your sins against you.” Is. 43:25 (GN)

God doesn’t carry grudges.

“...Through what Christ would do for us, God decided to make us holy in His eyes, without a single fault – we stand before Him covered with His love.” Eph. 1:4 (LB)

When Jesus died on the cross, which sins did He die for? All of them.

5. I AM CAPABLE.

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"I have strength for all things in Christ who empowers me. I am ready for anything and equal to anything through Him who infuses inner strength into me, that is, I am self sufficient in Christ's sufficiency." Phil. 4:3 (Amp)

Anytime anything besides God is number one in your life, you're going to be plagued with insecurity.

"Once you were less than nothing; now you are God's own." 2 Peter 2:10 (LB)

"May the God of hope fill you with joy that by the power of the Holy Spirit your whole life and outlook may be radiant with hope." 1 Peter 2:10 (LB)

SUMMARY:

To a large degree the way you see yourself and the way you feel about yourself is determined by what you think the most important person in your life thinks about you. If that is true, I want to suggest that you make Jesus Christ the most important person in your life. He says you are acceptable, valuable, lovable, forgivable, and capable.